



Healthy Tips

1. Use your Primary Care Provider (PCP) when possible.
2. It is important to keep your appointment. Call to cancel if you can't keep it.
3. Take snacks and books with you for young children in case you have to wait for your appointment.
4. Make a list of questions you may have for the doctor.
5. Keep a record of your child's shots. You can ask the doctor to give you a copy of the record.
6. Ask your nurse or doctor to explain any information you don't understand.



Place
Stamp
Here

Health Check

Benefits of the Program

Early and Periodic Screening, Diagnostic and Treatment (EPSDT)



Keeping Georgia's Children Healthy



What is Health Check?

Health Check (EPSDT) is a preventive health care program for Medicaid members under 21 and PeachCare for Kids™ members under 19 within the Georgia Department of Community Health.

The program offers free well-child services like eye exams, vaccines and dental care.

Doctors and nurses will thoroughly examine the child or teen and give shots against diseases when necessary. They also will ask questions about your child’s health and development. They will talk to your family about how to solve problems or give a referral for special problems.

Health Check providers perform or assist in linking children to other services, like eyeglasses, hearing aids, counseling and prescriptions. They can even help with transportation and appointment scheduling.

Why Participate in Health Check?

Good health is important for children; it helps them get the most out of life.

Children need good eyesight to read and to see what’s happening around them. They need strong healthy bodies to walk, run and play. They need good hearing to enjoy music, talk with their friends and do well in school. They need dental care early so they can eat and digest food well.

Take children to the a doctor or nurse regularly to keep them healthy. Doctors and nurses can find and treat health problems before they become more serious. It’s also important that children get the shots they need to protect them from illnesses like measles, chicken pox and the “flu.”

Health Check Schedule

It is important that your child get regular physical examinations.

Babies, children, and adolescenst need to be seen at these ages:

Age Group	Health Check Schedule
Infancy	Birth - two days
	3-5 days of age
	By 1 month
	2 months
	4 months
	6 months
	9 months
Early Childhood	12 months
	15 months
	18 months
	24 months
	30 months
	3 years
	4 years
Middle Childhood & Adolescence	5, 6, 7, 8, 9, 10 years
	Every year until age 21
An extra exam can be given if needed	



Where and How Can Your Child Participate?

Health Check is available in health departments, clinics and doctors’ offices. Ask for it by name.

We want to help you keep your children healthy and strong. :

- Finding the nearest health clinic, doctor or dentist; or
- Arranging a ride to your appointment

Call 770-325-2331 (Local) or 866-211-0950 (Toll Free) if you need help.

Also, check into WIC (Women, Infants, and Children Nutrition Program) to get healthy foods like milk, eggs, etc. Call 800-228-9173 for a location near you.

Para información en Español, por favor llame, sin costo alguno, al 770-325-2331 o al 866-211-0950.

To get this brochure in Braille, call 770-325-2331 (Local) or 866-211-0950 (Toll Free).

